(Whoever is not thankful to the people, then he is not thankful to Allah.) At-Tirmidhi also recorded this Hadith and he said, "Sahi". Abu Dawud recorded from Jabir that the Prophet said,

«من أُبْلِيَ بَلَاءً فَذِكْرَهُ فَقَدْ شَكَرَهُ، وَمَنْ كَتَمَهُ فَقَدْ كَفَّرَهُ»

(Whoever overcomes some test (i.e., calamity) and mentions it (to others), then he is indeed thankful. And whoever conceals it, then indeed he was ungrateful.) Abu Dawud was alone in recording this Hadith. This is the end of the Tafsir of Surat Ad-Duha, and unto Allah is due all praise and thanks.

The Tafsir of Surah Alam Nashrah (Surat Ash-Sharh)

(Chapter - 94)

Which was revealed in Makkah

(بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ)

In the Name of Allah, the Most Gracious, the Most Merciful.

(أَلْلَّهُ نَعْشَرَهُ لَكَ صَدَّرَكَ - وَوَضَعَنَا عَنْكَ وَزَرَاكَ
- الَّذِي أَنْفِضَ ظَهْرَكَ - وَرَفَعَنَا لَكَ ذِكْرَكَ - فَإِنَّ
- مَعَ العُسْرِ يُسْرَا - إِنَّ مَعَ العُسْرِ يُسْرَا - فَإِذَا
- فَرَغْتَ فَانصَبْ - وَإِلَى رَبِّكَ فَارْغِبْ)

(1. Have We not opened your breast for you) (2. And removed from you your burden.) (3. Which weighed down your back) (4. And have We not raised high your fame) (5. Verily, along with every hardship is relief,) (6. Verily, along with every hardship is relief.) (7. So when you have finished, devote yourself to Allah's worship.) (8. And to your Lord turn intentions and hopes.)

The Meaning of opening the Breast

Allah says,
(Have We not opened your breast for you) meaning, `have We not opened your chest for you.' This means, `We illuminated it, and We made it spacious, vast and wide.' This is as Allah says,

(And whomsoever Allah wills to guide, He opens his breast to Islam.) (6:125) And just as Allah expanded his chest, He also made His Law vast, wide, accommodating and easy, containing no difficulty, hardship or burden.

A Discussion of Allah's Favor upon His Messenger Concerning Allah's statement,

(And removed from you your burden.) This means

(That Allah may forgive you your sins of the past and the future.) (48:2)

(Which weighed down your back) Al-Inqad means the sound. And more than one of the Salaf has said concerning Allah's saying,

(The Tafsir of Surah Wat-Tin waz-Zaytun

(Chapter - 95)

Which was revealed in Makkah

The Recitation of Surat At-Tin in the Prayer while traveling

Malik and Shu` bah narrated from `Adi bin Thabit, who narrated that Al-Bara` bin `Azib said, "The Prophet used to recite in one of his Rak` ah s while traveling `At-Tin waz-Zaytun' (Surat At-