

28. And he (the dying person) will conclude that it was (the time) of parting (death);

29. And one leg will be joined with another leg (shrouded).^[1]

30. The drive will be, on that Day, to your Lord (Allâh)!

31. So he (the disbeliever) neither believed (in this Qur'ân and in the Message of Muhammad صلى الله عليه وسلم) nor prayed!

32. But on the contrary, he denied (this Qur'ân and the Message of Muhammad صلى الله عليه وسلم) and turned away!

33. Then he walked in conceit (full pride) to his family admiring himself!

34. Woe to you [O man (disbeliever)]! And then (again) woe to you!

35. Again, woe to you [O man (disbeliever)]! And then (again) woe to you!

36. Does man think that he will be left neglected (without being punished or rewarded for the obligatory duties enjoined by his Lord Allâh on him)?

37. Was he not a *Nutfah* (mixed male and female sexual discharge) of semen emitted (poured forth)?

38. Then he became an '*Alaqah* (a clot); then (Allâh) shaped and fashioned (him) in due proportion.^[2]

39. And made of him two sexes, male and female.

40. Is not He (Allâh Who does that) Able to give life to the dead? (Yes! He is Able to do all things).

Sûrat Al-Insân or Ad-Dahr
(Man or Time) LXXVI

*In the Name of Allâh,
the Most Gracious, the Most Merciful.*

1. Has there not been over man a period of time, when he was not a thing worth mentioning?

2. Verily, We have created man from *Nutfah* (drops) of mixed semen (sexual discharge of man and woman), in order to try him: so We made him hearer and seer.

^[1] (V.75:29) Or it may mean: hardship and distress will be joined with another hardship and distress (i.e. distress of death, and of the thought as to what is going to happen to him in the Hereafter). (*Tafsîr At-Tabari*)

^[2] (V.75:38) See the footnote of (V.22:5).

3. Verily, We showed him the way, whether he be grateful or ungrateful.

4. Verily, We have prepared for the disbelievers iron chains, iron collars, and a blazing Fire.

5. Verily, Al-Abrâr (the pious believers of Islamic Monotheism), shall drink of a cup (of wine) mixed with (water from a spring in Paradise called) *Kâfûr*.

6. A spring wherefrom the slaves of Allâh will drink, causing it to gush forth abundantly.

7. They (are those who) fulfil (their) vows, and they fear a Day whose evil will be wide-spreading.

8. And they give food, inspite of their love for it (or for the love of Him), to the *Miskîn*^[1] (the needy), the orphan, and the captive

9. (Saying): "We feed you seeking Allâh's Countenance only. We wish for no reward, nor thanks from you.

10. "Verily, We fear from our Lord a Day, hard and distressful, that will make the faces look horrible (from extreme dislike to it)."

11. So Allâh saved them from the evil of that Day, and gave them *Nadrah* (a light of beauty) and joy.

12. And their recompense shall be Paradise, and silken garments, because they were patient.

13. Reclining therein on raised thrones, they will see there neither the excessive heat of the sun, nor the excessive bitter cold, (as in Paradise there is no sun and no moon).

14. And the shade thereof is close upon them, and the bunches of fruit thereof will hang low within their reach.

15. And amongst them will be passed round vessels of silver and cups of crystal —

16. Crystal-clear, made of silver. They will determine the measure thereof (according to their wishes).

17. And they will be given to drink there of a cup (of wine) mixed with *Zanjabil* (ginger),

18. A spring there, called *Salsabil*.

19. And round about them will (serve) boys of everlasting youth. If you see them, you would think them scattered pearls.

^[1] (V.76:8) See the footnote of (V.2:83).

20. And when you look there (in Paradise), you will see a delight (that cannot be imagined), and a great dominion.

21. Upon them will be green garments of fine and thick silk. They will be adorned with bracelets of silver, and their Lord will give them a pure drink.

22. (And it will be said to them): “Verily, this is a reward for you, and your endeavour has been accepted.”

23. Verily, it is We Who have sent down the Qur’ân to you (O Muhammad صلى الله عليه وسلم) by stages.

24. Therefore be patient (O Muhammad صلى الله عليه وسلم) with constancy to the Command of your Lord (Allâh, by doing your duty to Him and by conveying His Message to mankind), and obey neither a sinner nor a disbeliever among them.

25. And remember the Name of your Lord every morning and afternoon [i.e. offering of the Morning (*Fajr*), *Zuhr*, and ‘*Asr* prayers].

26. And during night, prostrate yourself to Him (i.e. the offering of *Maghrib* and ‘*Ishâ*’ prayers), and glorify Him a long night through (i.e. *Tahajjud* prayer).

27. Verily, these (disbelievers) love the present life of this world, and put behind them a heavy Day (that will be hard).

28. It is We Who created them, and We have made them of strong build. And when We will, We can replace them with others like them with a complete replacement.

29. Verily, this (Verse of the Qur’ân) is an admonition, so whosoever wills, let him take a Path to his Lord (Allâh).

30. But you cannot will, unless Allâh wills. Verily, Allâh is Ever All-Knowing, All-Wise.

31. He will admit to His Mercy whom He wills and as for the *Zâlimûn* — (polytheists, wrong-doers) He has prepared a painful torment.

Sûrat Al-Mursalât
(Those sent forth) LXXVII

*In the Name of Allâh,
the Most Gracious, the Most Merciful.*

1. By (the winds or the angels or the Messengers of Allâh) sent forth one after another.